

The Gardens

CAFE • BISTRO • BAR

BREAKFAST

FARMHOUSE BREAKFAST 138
Two Eggs (any style) | Served with Ciabatta | Bacon | Choice of Pork, Beef, Lamb or Chicken Sausages | Grilled Tomato | Chips

ON THE RUN 85
Two Eggs | Two Rashers Bacon | Grilled Tomato | Toasted Ciabatta

FAMOUS MINCE ON TOAST 105
Seasoned Savoury Mince | Served on Toasted Ciabatta | Topped with two Poached Eggs

V **HEALTHY BREAKFAST BOWL** 115
Seasonal Fresh Fruit | Served with Yoghurt, Granola and Honey

V **LUXURY OATS** 85
Creamy Oats topped with Fresh Berries, Toasted Nuts and Honey

GOLDEN BRIOCHE FRENCH TOAST 105
Topped with Creamy Mascarpone, Seasonal Berries and a drizzle of Maple Syrup | Served with Crispy Streaky Bacon

V **SMASHED AVO ON TOAST WITH POACHED EGGS** 125
Smashed Avocado on Ciabatta | Topped with Poached Eggs, Thyme, Chilli & Crumbled Feta

MUSHROOM & BACON EGGS BENEDICT 135
Two Perfectly Poached Eggs | Served on Toasted Ciabatta | Topped with Sautéed Mushrooms and Crispy Bacon Bits | Finished with a Creamy Hollandaise Sauce

EGGS ROYALE 145
Two Poached Eggs | Served on Toasted Ciabatta | With Smoked Salmon and Wilted Spinach | Finished with a Creamy Hollandaise Sauce

V **TURKISH EGGS** 125
Two Poached Eggs | Garlic Yoghurt | Finished with Spiced Chilli Butter and Herbs | Served with Toasted Ciabatta

V **THE GARDENS OMELETTE** 135
Three Eggs | Mozzarella & Cheddar Cheese | Tomatoes | Red Onion | Spinach | Peppers | Served with Toasted Ciabatta

V **SHAKSHUKA EGGS** 95
Two Perfectly Poached Eggs | Served in a Spicy homemade Tomato Relish | Topped with Crumbled Feta Cheese and Fresh Parsley | Served with Toasted Ciabatta

BANANA BREAD FRENCH TOAST STACK 120
French Toast | Banana Bread | Topped with Crispy Bacon | Drizzled with Golden Syrup

V **CAFE OMELETTE** 60
Three Egg Omelette | Served with Toasted Ciabatta

BUILD YOUR OWN OMELETTE 70

Fillings:

Bacon	30
Ham	20
Mince	30
V Mushrooms	20
V Tomato	5
Mozzarella	20
Cheddar	20
Feta	25
V Onion	5
V Peppers	15
V Spinach	15

ALSO AVAILABLE

V **CLASSIC CROISSANT** 60
Freshly Baked Croissant | Served with Cheese & Jam



SMOOTHIES



MERRY BERRY 105
Strawberries | Blueberries | Cranberries | Vanilla Yoghurt | Chia Seeds | Banana

PEANUT BUTTER CUP 105
Peanut Butter | Cocoa Powder | Plain Yoghurt | Dates | Chia Seeds | Banana

DELICIOUS DESSERT 105
Almond Nut Butter | Banana | Coconut Milk | Cacao Bits | Dates | Cinnamon | Cocoa Powder | Chia Seeds | Almonds



TOASTIES

Served with Chips or Salad

Bread Options: White, Brown, Sourdough, Ciabatta, Health
Gluten Free +7

CHICKEN MAYO 94

HAM, CHEESE & TOMATO 98

V **CHEESE & TOMATO** 79

BACON & EGG 98

SPICY MINCE & CHEESE 115

LIGHT MEALS

SPICY CHICKEN QUESADILLAS 115
Spicy Chicken | Melted Mozzarella and Cheddar | Peppers | Onions | Served with Chips

BEEF PREGO 145
Grilled Beef Steak | In a Spicy Portuguese Sauce | Served on a Toasted Roll | Served with Chips

NACHOS
Grilled in the Pizza Oven | Mozzarella & Cheddar | Topped with Guacamole & Homemade Salsa

V
- Plain 99
- BBQ Chicken 135
- Spicy Mince 145





STARTERS

SPICY CHICKEN LIVERS 105
Spicy Chicken Livers | Sautéed in a Peri-Peri Sauce | Served on a Toasted Ciabatta | Topped with Onion Marmalade

BEEF CARPACCIO ROLL 125
Thinly sliced Beef Fillet | Rolled with Creamy Feta | Rocket | Topped with Crispy Bacon Bits

CAJUN CALAMARI 145
Pan-seared Calamari | Tossed in a Smoky Cajun Seasoning | Served with a Lemon Aioli

MISO CHILLI MUSSELS 99
Steamed Mussels in Miso, Chilli and Garlic Broth | Topped with Spring Onion & Sesame Seeds | Served with Toasted Ciabatta

GARLIC SNAILS 105
Snails baked with a Cheesy Garlic & Blue Cheese Sauce | Served with Toasted Ciabatta

MUSHROOM FLORENTINE 95
Oven-baked Portobello Mushrooms | Topped with Creamy Garlic Spinach | Melted Mozzarella & Parmesan | Finished with a Crispy Herb Crumb

WRAPS

Served with Chips or Salad

STEAK, ROCKET & CARAMELISED ONION WRAP 145
Grilled Steak | Rocket | Caramelised Onion | Whipped Feta Mayo

BUFFALO CHICKEN WRAP 145
Grilled Chicken with Greens | Guacamole | Tomato | Grated Mozzarella | Ranch Dressing

V **MEDITERRANEAN HALLOUMI WRAP** 125
Grilled Halloumi | Hummus | Cucumber | Tomato | Red Onion | Mixed Greens | Lemon Dressing

100% Vegan **SPICY MEXICAN VEGAN WRAP** 125
Spiced Black Beans | Roasted Corn | Avocado | Tomato Salsa | Lettuce | Jalapeños | With a Smoky Chipotle Vegan Mayo





TRAMEZZINI

Served with Chips or Salad

V **CAPRESE** 110
Mozzarella | Tomato | Basil Pesto | Balsamic Glaze

BACON, FETA & AVOCADO 120
Crispy Bacon | Creamy Avocado | Tangy Feta | Fresh Lettuce | Herb Mayo

CHICKEN MAYO 120
Chicken Mayo | Guacamole | Lettuce | Grated Mozzarella

SMALL PLATES

COCONUT SHRIMP TACOS (3) 145
Coconut-crusted Shrimp | Served in a Soft Mini Tortilla with Fresh Slaw | Guacamole | Zesty Lime Mayo

BEEF ARANCINI BITES (4) 95
Crispy Arancini | Filled with Beef Ragu and Cheese | Served with a Tomato Basil Dip

JALAPEÑO CHEESE BOMBS (3) 95
Crispy Cheese and Bacon-filled Jalapeño Bits | Served with a Creamy Dipping Sauce

KIMCHI BEEF POTSTICKERS (4) 125
Crispy Beef and Kimchi Potstickers | Served with a homemade Teriyaki Dipping Sauce

BUFFALO WINGS (4) 120
Golden Fried Buffalo Wings | Drenched in Fiery Hot Sauce | Served with a Creamy Ranch Dressing

LAMB KOFTA MEATBALLS (5) 135
Spiced Lamb Kofta Meatballs | Served with Tzatziki | Pickled Red Onion

PHYLLO-WRAPPED FETA 95
Crispy Oven-Baked Phyllo | Wrapped Feta | Served with toasted Ciabatta | Finished with a Sweet Honey & Cranberry Dressing



SALADS

HOT HONEY CHICKEN 140
Fresh Garden Greens | Topped with Hot Honey Glazed Chicken | Grilled Corn | Cherry Tomatoes | Avocado | Cucumber

BACON CAESAR SALAD 135
Romaine Lettuce | Crispy Bacon | Parmesan and Herb Croutons | Tossed in a creamy Caesar Dressing

GREEK HALLOUMI SALAD 145
Grilled Halloumi | Served with Lettuce | Cherry Tomatoes | Cucumber | Red Onions | Olives

BOWLS

All served with Sushi Rice, Carrots & Cucumber

SALMON 195
125g Salmon | Edamame Beans | Spring Onion | Toasted Seeds | Avocado | Homemade Teriyaki Sauce

CHICKEN 145
Sesame Seed Chicken | Edamame Beans | Red Onion | Avocado | Teriyaki Sauce

TUNA 195
Seared Tuna | Edamame Beans | Radish | Toasted Sesame Seeds | Cabbage | Avocado | Teriyaki Sauce

GRILLED CALAMARI BOWL 165
Grilled Calamari | Sushi Rice | Edamame Beans | Cucumber | Avocado | Toasted Seeds | Red Onions | Soy & Ginger Dressing



STEAK SALAD WITH MAPLE BALSAMIC DRESSING 165
Grilled Steak | Served on Fresh Greens | Avocado | Feta | Roasted Cherry Tomatoes | Maple Balsamic Dressing

QUINOA WITH HUMMUS, BEETROOT & BUTTERNUT 125
Roasted Beetroot and Butternut | Tossed with Quinoa | Served on Fresh Greens | Creamy Hummus Dressing | Zesty Citrus Dressing



CHICKEN

CHICKEN BREAST SUPREME 165
Chicken Breast stuffed with Brie | Roasted Carrots & Sage | Served with Mash

MARRY ME CHICKEN 165
Chicken Breasts | Cooked with Sun-dried Tomatoes, Cream, Spinach & Parmesan | Served on Mash

BABY CHICKEN 195
Cooked for 45 Minutes on the Grill | Served with Chips
Choose from BBQ, Lemon & Herb, or Peri-Peri

CHICKEN ESPETADA 205
Succulent Chicken Thighs | Skewered with whole Jalapeños | Grilled & Basted with our homemade Sweet Chilli Sauce | Served with Chips
***Please allow a minimum of 45 minutes to cook**



FLATBREADS

CHICKEN & MUSHROOM 145
Chicken and Mushrooms | Topped with Melted Mozzarella & sweet Caramelised Onions

HOT HONEY PEPPERONI 145
Crispy Flatbread | Topped with Pepperoni, Mozzarella, Parmesan & a drizzle of Hot Honey

MEDITERRANEAN HALLOUMI 145
Grilled Halloumi | Roasted Peppers | Cherry Tomatoes | Baby Marrow | Red Onion | Basil Pesto & Balsamic Glaze



CURRIES

Served with Rice, Poppadom & Sambals

BUTTER CHICKEN CURRY **185**
Grilled Chicken Cubes | Cooked in our homemade Butter Chicken Sauce

LAMB CURRY (MED) **270**
Deboned Lamb Cubes | Slowly cooked in a rich Tomato Sauce | With Carrots & Potatoes

PRAWN KORMA CURRY **245**
6 Queen Prawns | Cooked in a rich Creamy Korma Sauce (Contains Garlic)

V **BUTTERNUT, BROCCOLI & CHICKPEA CURRY** **165**
Cooked in a Red Thai Coconut Sauce



PASTA

Gluten Free Pasta available on request. Please allow extra time, as it is prepared to order. **+20**

PRAWN & CHORIZO LINGUINE **245**
6 Juicy Queen Prawns | Smoky Chorizo | Cherry Tomatoes | Garlic White Wine Sauce | Chilli Olive Oil

V **PESTO PRIMAVERA** **160**
Basil Pesto | Broccoli | Peas | Baby Marrow | Roasted Cherry Tomatoes | Toasted Seeds | Parmesan | Served with Tagliatelle

CREAMY GARLIC SEAFOOD TAGLIATELLE **195**
Succulent Prawns | Mussels | Calamari | Tossed with Tagliatelle in a rich Creamy Garlic Sauce | Finished with Mushrooms | Olives | Capers | Peppadews

MEDITERRANEAN CHICKEN **175**
Grilled Chicken Strips | Roasted Cherry Tomatoes | Baby Spinach | Garlic | Olives | Fresh Basil | Chilli | Crumbled Feta | Parmesan Penne

CREAMY BACON & MUSHROOM **165**
Crispy Bacon | Mushrooms | Garlic | Baby Spinach | Creamy Parmesan White Wine Sauce | Served with Spaghetti

SLOW-ROASTED LAMB PASTA **225**
Slow-Roasted Lamb Ragu | Tomatoes | Red Wine | Garlic | Onions | Carrots | Celery | Rosemary | Thyme | Linguine

PIZZA

All our pizzas are hand-rolled to order, please allow extra time.
Homemade Napoletana Sauce & Fresh Herbs

MARGHERITA 110
Tomato | Mozzarella

HAWAIIAN 140
Ham | Pineapple

REGINA 140
Ham | Mushroom

SWEET CHILLI CHICKEN 165
Sweet Chilli Chicken | Feta

MEXICANA 160
Mince | Chilli | Green Pepper | Onion

VEGETARIAN 130
Baby Spinach | Olives | Feta | Onion Marmalade

SPICY DELIGHT 160
Butter Chicken | Yoghurt | Coriander | Crispy Onions

BBQ CHICKEN 165
Chicken | Bacon | BBQ Sauce

BIG BOY 195
Pulled Pork | Bacon | Ham | Crumbled Feta | Sun-Dried Tomatoes | Caramelised Onions

PORTUGUESE CHICKEN 170
Peri-Peri Chicken | Chorizo | Onion Marmalade

THE BOSS 174
Gorgonzola | Salami | Sun-Dried Tomatoes | Onions | Olives | Avocado

STAGIONI 155
Ham | Mushroom | Olives | Artichokes

SICILIAN 165
Salami | Anchovies | Olives | Artichokes | Capers

PEPPERONI 165
Pepperoni | Mushrooms | Chilli

THE BISTRO 160
Bacon | Sun-Dried Tomatoes | Feta | Onions

MISS PIGGY 180
Garlic | Bacon | Salami | Peppadew | Mushrooms | Onions

FULL HOUSE 195
Mince | Bacon | Pepperoni | Ham | Red Onion | Green Pepper

CHEEKY CHORIZO 165
Chorizo | Brie | Caramelised Onions | Rocket

THE MED 155
Chicken | Caramelised Onions | Olives | Feta | Fresh Rocket

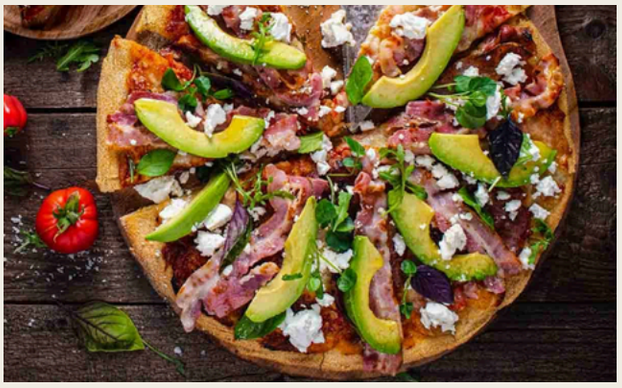
NEW PIZZAS

JOZI SPECIAL 185
Chicken | Avocado | Bacon | Feta | Mozzarella

THE ITALIAN 2.0 185
Buffalo Mozzarella | Parma Ham | Rocket | Honey Balsamic

SPICY MEXICAN 190
Tomato Base | Mozzarella | Spicy Beef Mince | Jalapeño | Roasted Corn | Peppers | Red Onion | Guacamole | Salsa | Fresh Coriander

THE GREEK 195
Tomato Base | Mozzarella | Slow Roasted Lamb | Feta | Olives | Red Onion | Cherry Tomatoes | Oregano



FOCACCIAS

GARLIC & HERB 70
MOZZARELLA & GARLIC 85
MOZZARELLA & ONION MARMALADE 85

BASES 45
Gluten Free
Pumpkin
Cauliflower

BURGERS

All served on a Seeded Bun with Lettuce, Tomato, Gherkins, Homemade Relish, Mayo, Chips or Salad

HOT HONEY CHICKEN BURGER — 155
Crispy Buttermilk Chicken Breast | Drizzled with Sweet & Spicy Honey | Served on shredded Lettuce, Tomato, Creamy Mayo | On a Toasted Brioche Bun | Served with Chips

BACON & AVO BURGER — 165
Flame-grilled Beef Patty | Topped with Crispy Bacon, fresh Avocado, Lettuce, Tomato and Melted Cheese | Served on a Brioche Bun | Served with Chips

FALAFEL VEGGIE BURGER — 135
Crispy Chickpea & Herb Falafel Patty | Topped with Lettuce, Tomato, Cucumber & Tzatziki | On a Toasted Brioche Bun | Served with Chips

NAKED BURGER — 145
Sweet Potato & Butternut Rosti | Topped with our homemade Beef Patty | Grilled Black Mushroom | Avocado | Crispy Onion Rings | Served with Chips

CHEESE & BRANDY BURGER — 160
180g Homemade Beef Patty | Topped with Cheese Slice | Pepper & Brandy Sauce | Served with Chips

BLUE CHEESE & BACON BURGER — 165
180g Homemade Beef Patty | Blue Cheese Sauce | Crispy Bacon | Served with Chips

THE TEXAN — 175
Two Smashed Beef Patties | Cheddar | Smoky BBQ Mayo | Gherkins | Three-Cheese Jack Daniel's Sauce

SMASHED BURGER — 175
Two Smashed Patties | Mozzarella | Cheddar | Bacon | Onion Rings

CLASSICS

THE GARDENS BEEF BURGER — 120
180g Homemade Beef Patty

THE GARDENS CHICKEN BURGER — 105
180g Chicken Fillet

THE GARDENS VEG BURGER — 110
100% Vegan
Black Bean Burger | Topped with Mushrooms | Red Onion | Homemade Salsa | Guacamole



GRILLS

Grilled to your liking
Served with Chips & Onion Rings

RUMP 200G	**195**
300G	**230**
SIRLOIN 200G	**195**
300G	**230**
FILLET (250G)	**275**
T-BONE (650G)	**285**

BEEF ESPETADA **270**
Rump Cubes Pepper Crusted or BBQ-Basted | Grilled to your liking | Served with Chips & Garlic Butter

RIBS (700G) **290**
Ribs Grilled to Perfection | Served with Chips & Onion Rings

SKINNY LAMB CHOPS (320G) **295**
Premium Lamb Chops | Infused with fresh Herbs, Garlic & Lemon | Chargrilled to perfection & inspired by the flavours of the Greek Isles | Served with a side of your choice





SEAFOOD

PRAWNS
Grilled Prawns | Served with either Chips, Rice or Veggies | Creamy Lemon & Herb or Creamy Peri-Peri

6 Prawns	**199**
8 Prawns	**260**
12 Prawns	**380**

SPICY MEDITERRANEAN CALAMARI **215**
Grilled Calamari Tubes | Cooked with Tomato, Olives & Capers | Served with Rice or Chips | Anchovies | Lemon | Chilli

GRILLED LEMON BUTTER KINGKLIP **255**
Fresh Kingklip Grilled to perfection | Topped with a Light Lemon Butter and Caper Sauce | Served with Chips, Rice or Stir-fry Veggies

HAKE & CHIPS **155**
Beer-Battered or Plain Grilled | Served with Chips, Peas & homemade Tartar Sauce



SIGNATURE STEAKS

BLUE ROYALE 305
250g Fillet | Topped with Mushrooms, Crispy Bacon Bits & Creamy Blue Cheese Sauce | Served with Chips & Onion Rings | Topped with a Blue Cheese Mousse

BBQ SMOKE SIRLOIN 265
300g Sirloin Steak Flame-Grilled | Glazed with a Smoky BBQ Sauce | Topped with caramelised Onion & Paprika Butter

CHIMICHURRI RUMP 265
300g Rump Flame–Grilled | Topped with a homemade Chimichurri of Parsley, Garlic, Chilli & Olive Oil | Served with Chips & Onion Rings



SIDES

SWEET POTATO CHIPS	45
ZUCCHINI FRIES	55
STIR-FRIED VEGETABLES	55

SAUCES

BILTONG & BRANDY	38
MUSHROOM	38
CHEESE	38
PEPPERCORN BRANDY	38
BLUE CHEESE	38
MONKEY GLAND	38



KIDS MEALS

SCRAMBLED EGG & SOLDIERS 60
One Egg Scrambled | Toast

CHICKEN STRIPS & CHIPS 78
Served with Cucumber | Carrot Fingers | Homemade Sauce

MAC & CHEESE WITH BACON BITS 68
Served with Penne | Delicious Cheese Sauce | Crispy Bacon Bits

MINI BEEF BURGER & CHIPS 68
Homemade Patty | Lettuce | Tomato

SPAGHETTI BOLOGNESE 68
Traditional Beef Mince in our Homemade Napolitana Sauce

KIDS PIZZAS

Margherita 55
Ham & Mushroom 60
Ham & Pineapple 60

DESSERTS

DEEP FRIED OREOS 85
Served with Ice Cream

BLUEBERRY CHEESECAKE 90
Served with Berry Coulis

COFFEE CRÈME BRÛLÉE 90
Served with Fresh Berries

HOT MUD CHOCOLATE PUDDING 90
Served with Custard or Ice Cream

ICE CREAM WITH BAR ONE SAUCE 85

ALSO AVAILABLE:

The Parlour - serving Paul's Homemade Ice Cream, Ola favourites, sweets, popcorn & a tempting selection of treats



SUSHI CLASSICS

Sashimi (4 Pcs)
- -Salmon 130
- -Tuna 120

California Rolls (8 Pcs)
- -Salmon 125
- -Tuna 120
- -Prawn 115
- -Avocado/Cucumber 90

Fashion Sandwiches (8 Pcs)
- -Salmon 130
- -Tuna 125
- -Prawn 120
- -Avocado/Cucumber 95

Hand Roll (1 Pc)
- -Salmon 90
- -Tuna 85
- -Prawn 80
- -Avocado/Cucumber 70

Maki (8 Pcs)
- -Salmon 105
- -Tuna 100
- -Prawn 95
- -Avocado/Cucumber 70

Nigiri (4 Pcs)
- -Salmon 105
- -Tuna 105
- -Prawn 100

Roses (3 Pcs)
- -Salmon 115
- -Tuna 115



SIGNATURE

Tokyo Roll (6 Pcs) 140
Tempura Fried Prawns | Avo | Teriyaki Sauce

Crunchy Roll (6 Pcs) 160
California Rolls | Deep Fried Salmon | Prawn | Avo | Sweet Chilli | 7 Spice | Spring Onions

Yummy Roll (8 Pcs) 160
Prawn & Kiri Cheese Roll | Fried | Topped with Smoked Salmon | Sriracha Mayo | Sweet Soya Sauce

Prawn Avalanche (8 Pcs) 150
Prawn | Avo | Tempura Prawn | Avalanche Sauce

Rainbow Reloaded (8 Pcs) 160
Salmon | Tuna | Spicy Mayo | Teriyaki | 7 Spice | Spring Onion | Tempura Crumbs | Sesame Seeds

The Yuppie (8 Pcs) 150
California Roll | Smoked Salmon | Cream Cheese | Avo

Dragon Roll (8 Pcs) 170
Rainbow Roll with Tempura Prawn | Topped with our Famous Sauce

Bamboo Tempura (4 Pcs) 100
Cucumber Roll with Tempura Prawn | Avocado | Topped with Kewpie Mayo | Caviar

PLATTERS

Combo Platter (23 Pcs) 315
8 Prawn California Rolls | 2 Salmon Hand Rolls | 3 Tuna Sashimi | 6 Prawn Maki | 4 Vegetarian Fashion Sandwiches

Green Platter (18 Pcs) 205
6 Avo Maki | 8 Vegetarian Rainbow Rolls | 4 Vegetarian Fashion Sandwiches

The Gardens Platter (16 Pcs) 345
4 Crunchy Rolls | 4 Prawn Avalanche | 4 Crispy Salmon Fashion Sandwiches | 4 Deep Fried Prawn California Rolls

The Boss Platter (20 Pcs) 305
8 Prawn Maki | 4 Rainbow California Rolls | 3 Salmon Roses | 4 Tuna Fashion Sandwiches | 1 Prawn Hand Roll

Salmon Platter (22 Pcs) 340
8 Salmon California Rolls | 3 Salmon Sashimi | 2 Salmon Nigiri | 3 Salmon Roses | 6 Salmon Maki