



Fourways Gardens

RESIDENTIAL ESTATE

July 2026



INSIDE

Music and Movie Night
in the Park

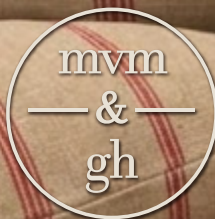
The Fourways Gardens
Community Fair

When animals and humans
aren't aligned

JOHANNESBURG ONLY

Annual JULY SALE

23 JULY 2026 - 25 JULY 2026



12D Kramer Road, Kramerville

Fabrics, scatter cushions, sofas, chairs tables, mirrors, lighting, accessories & more.

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Cover photo by

CONTENTS

July 2026

- 02 Message from the Estate Manager
- 05 24/7 Security – Technology and Estate Security
- 08 Community Fair
- 10 FWG Estate Activities
- 13 Music and Movie Night in the Park
- 16 Classics Club Dinner Celebration
- 20 Monthly Draw
- 22 Quiz Night
- 25 Pesticides vs Herbicides
- 27 Animals Matter
- 30 You don't have to be those people
- 32 Understanding heart disease in pets
- 38 Changan's next-generation EVs arrive in South Africa
- 39 Restaurant competition
- 41 Recipe: A bowl of winter comfort
- 42 Classifieds
- 44 Inducted Property Practitioners



Fourways Gardens
RESIDENTIAL ESTATE

IMPORTANT ESTATE NUMBERS

Fourways Gardens HOA 011 465 7731

Security Control Room 011 465 5465

Security Mobile Number 066 261 7671

24/7 HQ Control Room 011 444 2237

The Gardens Bistro 084 613 5797

ER24 084 124

Netcare 911 082 911

Police 10111

JMPD 011 375 5911

Lonehill Fire Department 011 465 5792

Eskom 0860 037 566

City of Joburg Municipality 0860 562 874

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13



41



The Fourways Gardens Estate Magazine focuses on the Fourways Gardens Residential Estate.
The magazine is co-ordinated and published by Estates in Africa (Pty) Ltd trading as EIA Publishing on behalf of the Fourways Gardens Homeowners Association.
The opinions of advertisers, contributors, workers and personnel of Estates in Africa (Pty) Ltd do not necessarily reflect those of the HOA of the Fourways Gardens Residential Estate.

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FROM THE ESTATE MANAGER'S DESK

Dear Residents,

Winter may have settled in, but Fourways Gardens has been anything but quiet. June was an exceptionally busy month for our estate operations team, with several important projects progressing alongside a full calendar of community activities.

June in review: Fourways Gardens Trail Running and MTB Festival

One of the highlights of our winter calendar was undoubtedly the Fourways Gardens Trail Running and MTB Festival, held on Youth Day, 16 June. It was wonderful to see residents, families, runners and cycling enthusiasts coming together for a morning of activity, friendly competition and community spirit.

Thank you to every participant and supporter, as well as to our generous sponsors: Tyson Properties, Melo Velo, 24/7 Security, Nutr8 Deli, iTile, RealFood4Sure and PostNet. Our appreciation also goes to the dedicated team who worked behind the scenes to bring the event together.

A special word of thanks must go to the ever-energetic Coach Smish, whose passion and commitment have played a pivotal role in the development of the FWG Bike Park and our cycling events. We also extend our sincere appreciation to Damian Booth for his tireless efforts and generous contribution of time and energy in helping to maintain and improve the Bike Park. Occasions such as these are a welcome reminder of the shared energy and involvement that give Fourways Gardens its enduring sense of community.

Dam and waterway rehabilitation

One of the estate's most significant long-term environmental projects is now progressing towards active maintenance implementation: the continued rehabilitation of our dam and stormwater watercourse.



Charlene Marlin, Estate Manager

Environmental compliance remains an integral part of this programme, in line with GDARD requirements.

The dam and waterways are among Fourways Gardens' most valued natural assets. This programme represents a meaningful, properly governed investment in their rehabilitation, environmental health and long-term sustainability.

Landscape maintenance and projects

Our landscape maintenance programme has continued throughout the winter months, with Life Green Group attending to the estate's open spaces, green belts and road verges.

Although growth naturally slows during winter, this remains an important period for planned maintenance and preparation ahead of the warmer months.

Work is also progressing towards the



completion of the Phase 1 Park upgrade, which represents the culmination of several AGM planning cycles. The project reflects our continued commitment to enhancing the estate's amenities and creating well-considered shared spaces for residents, with several final elements still being completed.

The expanded parking area is already providing improved capacity for the larger crowds drawn by our community events, while a section of the new parking has been positioned closer to the K56 Phase 1 entrance to improve access and convenience. New play equipment for younger children has also been installed, helping to ensure that the park remains an inclusive and welcoming space for residents of all ages.

Coming up in July

The FWG Farmers Market which will take place on Sunday, 5 July is already



a much-loved event bringing local producers, artisans and neighbours together for a relaxed morning of good food, live entertainment and community connection. Please keep an eye on the Fourways Gardens App, social media channels and noticeboards for the latest vendor information and future event details.

Later in the month, our Annual General Meeting will take place on Thursday, 23 July. I encourage every homeowner to either attend the meeting or submit a completed proxy form.

The AGM provides homeowners with an important opportunity to engage with the Board of Directors, receive formal reports on the affairs of the estate and participate in the governance of the community we all call home. The formal notice and supporting documentation will be circulated shortly.

The Gardens Bistro

The Gardens Bistro continues to prove itself the social heart of Fourways Gardens this July, with a calendar busy enough to suit every mood.

Rugby fans have three big screenings to look forward to, as England, Scotland and Wales each take on the Springboks at 17:40, with live music and The Bistro's much-loved boerie rolls adding to the atmosphere.

For those after something a little different, Name That Tune brings a fun music challenge to the Clubhouse Hall on 17 July, while Quiz Night returns on 24 July for residents to put their general knowledge, and their bragging rights, on the line. The Murder Mystery Dinner on 25 July promises an evening of intrigue and prizes for the best dressed. Paint Night on 30 July offers a relaxed evening of art and conversation in the Vine Room, and the month wraps up

with the Monthly Draw on 31 July, complete with a R10,500 cash kitty and live music.

Whether residents are cheering on the Boks, testing their wits, or simply catching up with neighbours over a meal, The Bistro remains one of the places where Fourways Gardens comes together.

In closing

As we move through the heart of winter, I would like to thank our residents, staff, service providers and community partners for their continued cooperation and support. The positive feedback received from residents keeps us motivated as we continue working to maintain and improve Your Sanctuary in the City.

As always, my door remains open.

Warm regards,

Charlene Marlin

Estate Manager



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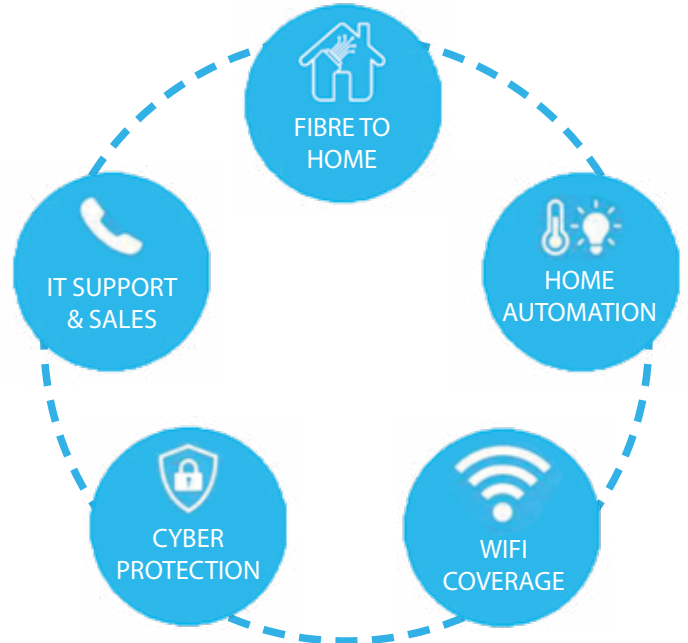
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Residential estates and gated communities have invested heavily in access control technology. From biometric systems and facial recognition to licence plate recognition, QR codes, mobile applications, and integrated control rooms, the modern estate gate is more advanced than ever.

Yet despite these investments, security breaches still occur. The reason is not a failure of technology. It is a failure of behaviour.

Modern access control systems are designed to verify identities, record movements, and prevent unauthorised entry. They are highly effective when used correctly. What they cannot do, however, is compensate for

decisions made by residents that bypass or undermine these systems.

In simple terms, the technology at the gate is only as strong as the behaviour of the people using it.

Bypassing the system: The hidden risk of convenience

One of the most common behavioural gaps occurs when residents drive staff, contractors, or service providers through the boom gate in their private vehicles.

While this may appear to be a small act of convenience, it has significant security implications. When an individual is not processed independently through the access control system, no entry

record is created. This means there is no digital footprint, no verification, and no accountability.

From a security perspective, this creates an untracked presence within the estate.

If an incident were to occur, there would be no way to confirm whether that individual was legitimately on site, when they entered, or under whose authorisation they were. This undermines one of the core functions of access control: traceability.

Access control systems are designed to build a complete and accurate record of who enters and exits the estate. When residents bypass this process, even occasionally, they create gaps that cannot be recovered after the fact.



Access revocation: The risk that lingers

Another critical vulnerability lies not in how access is granted, but in how it is removed.

In many systems, a staff member's access does not automatically lapse when they leave employment. The responsibility for revoking access rests with the resident. This step, however, is frequently overlooked.

The result is that individuals who no longer have a legitimate reason to enter the estate may still have active access credentials. This creates a lingering risk. Former employees are often familiar with the estate's layout, routines, and security patterns. Continued access, even unintentionally, provides an opportunity for misuse.

Effective access control is not only about granting entry – it is about maintaining accurate, up-to-date permissions at all times. Without timely revocation, the system reflects outdated realities, weakening overall security.

Why process matters: The importance of visitor registration sequencing

Visitor management systems are designed with a specific sequence: pre-authorisation, arrival verification, and controlled access.

This sequence is intentional. It ensures that individuals are verified before they are granted entry.

However, residents sometimes attempt to shortcut this process – registering visitors after arrival, sharing access codes informally, or requesting that security personnel allow entry without proper verification. These actions fundamentally undermine the system's purpose.

When the sequence is broken, access control shifts from being preventative to reactive. Instead of controlling who enters, it merely records that someone has already entered.

In a secure environment, this distinction is critical. The value of the system lies in its ability to stop unauthorised access before it happens, not simply document it afterwards.

Consistency in following the correct process is what gives the system its strength.

The first layer of security: Document verification

Another area where behavioural gaps emerge is during the onboarding of new staff.

Conversations around documentation – identification, permits, and verification – are sometimes avoided by residents. Whether due to discomfort, time constraints, or a desire to simplify the process, this step can be treated as a formality rather than a security measure.

In reality, it is the first layer of security.

Verifying an individual's identity and credentials ensures that access is granted to the correct person for legitimate reasons. It establishes accountability from the outset and reduces the risk of misrepresentation or fraud.

Without this step, the entire access control process is built on unverified information. Taking the time to complete proper verification is not an administrative burden; it is a critical safeguard.

Technology cannot replace responsibility

None of this diminishes the importance of access control technology. On the contrary, it remains one of the most effective tools available for securing residential estates.

But technology alone cannot create a secure environment.

Security is a shared responsibility. It requires alignment between systems, security personnel, and residents. When one element fails – particularly human behaviour – the entire system is compromised.

The most secure estates are not necessarily those with the most advanced technology, but those where residents understand their role and consistently follow established procedures. They recognise that convenience should never outweigh security, and that small actions can have significant consequences.

A practical self-audit for residents

Maintaining strong access control begins with individual accountability. Residents can strengthen estate security by regularly reviewing their own practices.

Consider the following checklist:

- Do all staff, contractors, and service providers enter and exit through the correct access control process?
- Have you removed access for any individuals who no longer work for you?
- Are all regular visitors properly registered before they arrive?
- Do you avoid sharing access credentials or requesting exceptions to standard procedures?
- Have you verified the identity and documentation of all staff currently employed in your household?
- Do you ensure that no vehicles or individuals enter the estate without being properly processed?

Security is not defined by the technology at the gate, but by the decisions made at it. By making conscious, responsible choices, residents play a direct role in maintaining a secure, accountable, and well-protected community.

Fourways Gardens Residential Estate	Key Points	What Residents Should Do
Gate Access Technology	Multiple secure access methods available: facial recognition, hand-wave biometrics, Bluetooth remote, and QR codes. Scanner performance can be affected by lighting and window tinting.	Open your vehicle window when approaching the scanner for accurate facial recognition. Consider enrolling for hand-wave access for added convenience, especially if you are a cyclist or motorcyclist.
Staff & Contractor Access	All staff and contractors must be formally enrolled and undergo a criminal background check. Unauthorised entry creates security risks and no access record.	Do not drive staff or contractors through the gate. Ensure all individuals follow the correct access procedures to maintain security records.
Enrolment Process	Staff can be enrolled via the App or at the HOA Office. Fees apply for biometric enrolment and background checks. Valid documentation is required.	Complete enrolment in advance to avoid delays. Ensure all required documents are ready before visiting the office or using the App.
Documentation Requirements	South African staff require valid ID or driver's licence. Foreign nationals must provide valid permits or supporting documentation.	Verify all documents carefully before enrolment. Ensure foreign staff use official channels for permits and avoid intermediaries.
Criminal Background Checks	Mandatory for all staff. Can be done at HOA Office, SAPS, or PostNet. Existing checks valid for up to three months may be used.	Ensure all staff have a valid, recent background check before access is granted.
Permit Scams Warning	Risk of fraudulent or fast-tracked permits through unofficial agents.	Advise staff to use only official Department of Home Affairs channels. Report or verify any concerns through official contacts.
Regular Visitor Management	Visitors can be pre-registered via the App for up to three months. Must first enter using an access code and ID verification.	Always follow the correct sequence: generate access code → visitor enters and is recorded → then register as a regular visitor.
Visitor Access Process	Registered visitors do not need new codes for each visit but must identify themselves and present valid ID or licence.	Ensure visitors follow the correct lane and identification process every time they enter.
Visitor Biometrics	Facial recognition can be enabled for regular visitors. System uses ID photo or uploaded image.	Upload a clear, recent photo for better recognition accuracy.
System Limitations	Foreign nationals and minors cannot be registered as regular visitors. Staff and contractors must not use visitor access.	Ensure correct categorisation: staff must follow onboarding, not visitor registration.
Support & Assistance	HOA Office support available during working hours. Assistance provided via email or in person.	Contact the Access Controller for help with enrolment or system queries.

SEE SOMETHING, SAY SOMETHING

Please report all security-related matters immediately, without delay.

A delay in reporting = a delay in resolution.

On-site Control Contact details:

011 465 5466 or 066 261 7671

COMMUNITY FAIR

On the beautifully sunny morning of Saturday, 9 May 2026, Upper Phase 1 was transformed into a vibrant and welcoming community space as residents gathered for the Fourways Gardens Community Fair. The morning carried a relaxed, social atmosphere from the outset, with neighbours browsing, chatting, and enjoying a thoughtfully curated mix of stalls and essential services. The Car Boot Sale proved a highlight, offering an array of new and pre-loved items – toys, books, clothing, ornaments, and home décor – with residents uncovering small treasures and giving pre-loved goods a second life.

The HOA Lost and Found table added a meaningful touch, displaying items collected across the estate and giving residents a final opportunity to reclaim missing belongings, with several happy reunions following throughout the morning. Pet owners were well catered for, with Dog's Trust on site providing vaccinations and microchipping services, and IdentiPet assisting residents with registering and updating pet microchip details – both contributing to improved pet safety and responsible ownership across the estate. Dog Duchess added a popular touch with gourmet pet treats and accessories for visiting dogs, while the aroma of freshly brewed coffee from The Smiling Barista created a natural meeting point for residents to pause and connect. Practical convenience was also well covered, with CJS Fire Extinguishing Servicing offering on-site fire extinguisher servicing, saving residents both time and effort.

More than just a marketplace or service hub, the fair reflected the spirit of Fourways Gardens – a connected community where everyday needs and neighbourly interaction come together naturally.





ACTIVITIES OFFERED IN OUR ESTATE

Please contact the Activity Provider directly via WhatsApp for information regarding fees, times and other arrangements. We ask that residents respect the activity providers and participants making use of their services at these times.



Fourways Gardens
RESIDENTIAL ESTATE

Adult Yoga and Pilates

Stacey Roberts 082 388 2177
Staceroberts23@gmail.com

Tennis Gazebo

Pilates – Monday 08h30 - 09h30

Hall

Yoga – Monday 17h30 - 18h30

Wednesday 08h30 - 09h30

Pilates – Wednesday 18h15 - 19h15

Goju-Ryu Karate

Roberta 083 309 5352
Roberta.biagioni@vodamail.co.za

Hall

Tuesdays and Thursdays

Beginners 16h30 - 17h15

Immediate 17h30 - 18h15

Advanced 18h15 - 19h00

Fourways Road Runners

Brittany Halton-Hall
fourwaysrr@gmail.com
072 537 8014

Tennis Gazebo

Tuesday 18h00

Thursday 18h15 (Summer) 18h00 (Winter)

Saturday 06h00 (Summer) 06h30 (Winter)

Nanny 'n Me

Joanne Bradley – 083 303 1190
joanne@nannynme.co.za

Tennis Gazebo/Hall

Wednesdays

Toddler Class (15 months to 3 years)
09h30 - 10h30

Baby Class (3 months to 15 months)
10h45 - 11h45

Kids Yopalates

(Yoga+Pilates)

Stacey Roberts 082 388 2177
Staceroberts23@gmail.com

Tennis Gazebo

Wednesday 16h00 - 16h30

Little Kickers

Football classes for boys and girls
aged 18 months to 8 years old

Rui Da Costa 083 450 0563
rdacosta@littlekickers.co.za

Phase 2 Park Soccer Net

Friday

15h00 - 17h00

Ballet

Nicky 072 238 8063
nickyridley33@gmail.com

Hall

Tuesday

14h30 - 16h00

Helen O'Grady Drama

Kerry 083 410 2940
kerry@helenogrady.co.za

Hall

Wednesday 15h00 - 17h30

WTHP Full Body Resistance Training

Mandy Davis 083 708 3637
mandy@gracepoint.co.za

Tennis Gazebo

Mondays and Wednesdays

Group 1 – 06h00

Group 2 – 07h00

Saturday

Group 1 & 2 – 07h00

HasBean Coffee tuc-tuc

Dave and Lindy Venter
Dave 072 344 6598
Lindy 082 8769456
lindy@mimail.co.za

Phase 2 Saturday

Phase 1 Sunday

07h30 - 11h00

Pulser United Soccer and Netball Training

Prince Peterson 064 541 0201
pulsarunitedsport@gmail.com

Phase 1 Park

Tuesdays

16h00 - 17h00

Pancake Pantry

Kelly Lombaard 083 663 5115
Kellyjhlombard@gmail.com

Phase 1 Tuesday

Phase 2 Thursday

12h00 - 17h00

Exercise Classes for Seniors

Free, low-intensity movement
classes

Contact Annie at 082 985 1042 or
Winnie at 066 101 1041 for more
information or to join

Hall

Monday 08h30

Friday 08h30

Chain Gang MTB Club

Coach Smish 072 435 2751
info@chaingang.co.za

Phase 1 Cycle Track



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Sunbird Cluster Asking R3.95m

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MUSIC IN THE PARK AND MOVIE NIGHT

What a fantastic afternoon and evening we shared at our Music in the Park and Movie Night, proudly sponsored by Century 21. On Saturday, 16 May, families and friends gathered on the Phase 1 Park lawns from 15:00 for an afternoon of live music, delicious food, and community connection, before settling in for a memorable outdoor movie experience beneath the stars.

The festivities began with a live performance by Theo Klaasen, whose music provided the perfect soundtrack as residents rolled out picnic blankets, unfolded camping chairs, and enjoyed the late-autumn sunshine. The park quickly filled with conversation, laughter, and the unmistakable energy of neighbours spending quality time together. Children made the most of the open space while friends and families relaxed and reconnected in the warm, welcoming atmosphere that has become a hallmark of our community events.

A variety of food stalls ensured there was something to satisfy every appetite, with sushi, pizza, burgers, waffles, buttery shortbread biscuits, and a selection of other sweet treats on offer throughout the afternoon. The HOA and Century 21 added to the experience with a complimentary hot chocolate and marshmallow station, as well as freshly made popcorn from 17:00, providing the perfect accompaniment as the evening air began to cool and excitement for the movie continued to build.

As dusk settled and the food court's string lights came to life, attention turned to the big screen for the evening's feature, *Zootropolis 2*. The much-anticipated sequel was warmly received by children and adults alike, and soon the park fell into that special kind of shared stillness that only an outdoor movie night can create. It was a wonderful reminder of the value of community and the simple joy of spending time together.

Thank you to everyone who joined us and helped make the event such a success. We are also sincerely grateful to Century 21 for their generous sponsorship and enthusiastic involvement in bringing the evening to life. Events like these are made possible through the support of partners who share our commitment to community, and we look forward to welcoming Century 21 back to future Fourways Gardens events.



CENTURY 21®
Fourways





CLASSICS CLUB DINNER CELEBRATION

Friday, 5 June 2026



We changed things up for the month of June with a dinner for our get-together, and it added a nice, chilled vibe!

We enjoyed a delicious roast chicken with vegetables, including my absolute favourite –spinach – which was just perfect for a chilly winter evening. To top it all off, Belinda and her team spoiled us with a warm malva pudding and custard, ending the night on the sweetest note.

We were delighted to welcome a few new members, along with familiar faces from Dainfern Ridge and Dainfern Estate. It's wonderful to see our surrounding community coming together! Please feel free to invite your friends from any area – everyone is welcome.

Thank you so much to Taniel from Merci Flowers for the beautiful bunch of flowers won by our new member Dolly – they were such a happy bunch of sunflowers!

Leo and Knowledge did the honours of drawing the flowers prize, as well as an additional fantastic prize generously sponsored by Mike Ashcroft – a free return airport transfer. Thank you so much, Mike, for your generous donation.

I'm still collecting one- to two-page biographies from our members. I'd love to learn more about each of you and hear your story! With your permission, I'd like to share some of these at our meetings, as they may spark new conversation with a new friend or two.

Thank you to everyone who continues to support our charities–Regomoditse Children's Home, Dogs Trust, and Charity Begins With Me. They gratefully accept working household goods, clothing, blankets, technology, spectacles, and of course consumables like toiletries, non-perishable food, and other essential items. I truly appreciate your generosity and am grateful to be able to deliver these donations on your behalf.

Our gathering was held on Friday, 3 July, at 10:00 for brunch in the hall, where Frank Gregory gave what proved to be a fascinating talk. We'll meet again on Wednesday, 5 August, at 12:00 for lunch on the patio – almost the end of winter – yay!!!

Until then, keep well, stay warm, and take care. Please remember that I'm always happy to help in any way I can, even if it's simply connecting with you or with someone who may be able to assist.

I look forward to seeing you all soon!

Lorna
082 659 1048





**"LEARNING HERE ISN'T
JUST ABOUT WHAT
YOU KNOW. IT'S ABOUT
WHO YOU BECOME."**

LEARNING WITHOUT LIMITS

At the **American International School of Johannesburg (AISJ)**, academic excellence is just the beginning. For over 40 years, we have empowered students to explore, create, and grow in a learning environment tailored to their needs.

With campuses in both **Pretoria & Johannesburg**, the school serves expatriate and local families alike, combining world-class academic standards with a commitment to the holistic development of the child. Students are not just taught; they are known. Our students are given the freedom to pursue their passions, explore new interests, and shape their own educational journey.

LEARNING ISN'T LINEAR

AISJ's instruction is designed to adapt - helping students understand ideas, not just facts. Students ask questions, make connections across subjects, and apply their knowledge in meaningful ways, preparing them for life beyond the classroom. We emphasise a deeper understanding, critical thinking, and real-world problem-solving.

Academic rigour is built on decades of experience, having offered the **International Baccalaureate Diploma Programme (IBDP)** for over 30 years and now expanding excellence to the Elementary School with candidacy for the **International Baccalaureate Primary Years Programme (IB PYP)**. These globally recognised programmes provide students with the critical thinking, inquiry skills, and conceptual understanding necessary to succeed in top universities and beyond.

Early Learning starts at 3! AISJ now offers a Pre-K 3 programme, providing three-year-olds with a nurturing, inquiry-based introduction to school that fosters curiosity, confidence, and a love of learning from the very beginning.

DESIGNED FOR DIFFERENCE

One of AISJ's most distinctive features is its focus on ensuring that every student receives the education they need in the way that best suits them. By **embracing neurodiversity**, we create learning experiences that adapt to a wide range of strengths, needs, and ways of thinking.

Every child learns differently, and those differences are understood, valued, and supported. Learning environments and pathways are thoughtfully designed to meet students where they are, honouring diverse learning styles and interests.

By adjusting instruction, support, and opportunities as students grow, we ensure that each learner is appropriately challenged, intentionally supported, and empowered to build confidence, independence, and success.



DISCOVER HOW A STRONG START LEADS TO A BRIGHT FUTURE!

THE FOUR PILLARS OF LEARNING

AISJ's balanced education is built on four pillars:

- **Academics** - Concept-driven, inquiry-based learning prepares students for top universities worldwide
- **Arts** - Opportunities in visual arts, music, and performance starting from 3 years old
- **Athletics** - Participating in local and international sports tournaments, arts festivals, and conferences
- **Service** - Students engage meaningfully with local and global communities, developing empathy, leadership, and a sense of responsibility

Together, these pillars ensure students develop academically, creatively, physically, socially, and as globally minded individuals ready to contribute positively to the world around them.

"Our learners are prepared not just for school, but for the world beyond it."



A BOARDING EXPERIENCE THAT FEELS LIKE HOME

For students in Grades 8-12, AISJ's luxury boarding programme offers a supportive, independent environment where learners grow academically, socially, and personally. Boarding combines rigorous academics, personalised pathways, and a nurturing community, providing continuity and stability for families, especially those who are internationally mobile.

Students live and learn alongside peers from diverse backgrounds, forming friendships and skills that last a lifetime. Here, they develop independence, resilience, and a sense of belonging - preparing them for university, careers, and life beyond school.

"At AISJ, learning has no limits, and neither do our students."



WHY AISJ STANDS OUT

AISJ provides academic excellence, a global perspective, and a deep commitment to the whole child. Every student is recognised as an individual, with learning designed to meet their strengths, interests, and ways of thinking.

From the first steps in early childhood through graduation, we offer continuity, care, and community at every stage of the journey. Students explore their passions, build confidence and resilience, and grow as curious, capable, and independent learners.

Our goal is to shape learners who are not only academically prepared but also confident, adaptable, and ready to engage with the world. Students leave AISJ equipped - not just for the next grade, but for life beyond school, wherever their journey takes them.

Our students graduate ready for universities and opportunities around the globe. Our alumni have gone on to attend top institutions in the US, UK, South Africa and beyond, combining academic excellence with the skills and confidence to thrive anywhere in the world.



MONTHLY DRAW

Friday, 29 May 2026

There was a wonderful sense of community from the moment guests arrived, as families, friends, and neighbours gathered for a relaxed evening of good food, live music, and great company. The Gardens Bistro was alive with conversation and anticipation throughout the evening, while an exciting selection of prizes kept the atmosphere buzzing.

From Fourways Mall vouchers for our younger residents to beautifully curated hampers for the adults, the ever popular Burn the Bill draw, and a host of additional prizes, there was plenty to look forward to. Congratulations to our lucky winners: Vanessa Nedic and Kerry Wardle, who each took home a hamper; young Willy, who won the kiddies prize; and Natasha Haynes and Debbie Hyman, who shared the Burn the Bill draw honours.

Adding even more excitement to the evening, the cash kitty rolled over once again, growing from R8,750 to an impressive R10,500. The excitement now builds towards the Monthly Draw on 31 July, where members can look forward to the chance to win the R10,500 cash kitty, along with an evening of live music and great entertainment.

A sincere thank you to everyone who joined us for another memorable evening at The Gardens Bistro, and to Century 21 Fourways for their generous sponsorship and continued support of the Monthly Draw. Events like these are a wonderful reminder of the strong community spirit that makes Fourways Gardens such a special place to call home.

CENTURY 21.
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QUIZ NIGHT

Friday, 22 May 2026

The Fourways Gardens Quiz Night returned on 22 May for another spirited evening of trivia, laughter, and friendly rivalry. With the season now well underway, a familiar pattern is emerging at the top of the leaderboard.

It's All Relative claimed first place with an impressive 61.5 points, continuing a run of form that is quickly establishing them as the team to beat in 2026. Hot on their heels were *Boomers & The Brains* in second place on 59 points, while *The Brits Got Talent* completed the podium with 58.5 points.

The battle for positions was as competitive as ever. *Snitches Get Stitches* and *I've Turned 67* shared fourth place on 56 points, followed by *FWG Outliers* (54.5), *Guessts* (52.5), and *Zanzibarbs* (51.5). With only a handful of points separating much of the field, every round proved crucial.

The league race heats up

With five quizzes now completed and the 2026 season approaching its halfway mark, the league table is beginning to take shape.

It's All Relative have been the standout performers of recent months, reaching the podium in every event they have entered this year – third in February, third in March, first in April, and first again in May. Their combination of consistency and top finishes has firmly established them as front-runners for the league title.

Team of the Month remain firmly in contention. After securing victory in both February and March and finishing fourth in April, they continue to accumulate valuable league points and cannot be discounted.

Boomers & The Brains have demonstrated impressive staying power with second-place finishes in both February and May, while *Guessts*, *Van Hyams Crewe*, and *Zanzibarbs* deserve special mention for their unwavering attendance. In a league where every appearance counts, consistency can be just as important as a podium finish.

The chasing pack remains strong. Teams such as *The Brits Got Talent*, *Brain Farts*, *Simple Minds*, and *Quizz Sharks* have all shown they have the knowledge to challenge for top honours on any given night.

With six months still remaining in the season, the race is far from over. However, if recent form is anything to go by, May's leading teams are unlikely to surrender their positions without a fight.

Quiz Night takes place monthly at The Gardens Bistro, right here in Fourways Gardens. Doors open at 18:00 for a 19:00 start.

Be sure to book your spot for the next Quiz Night, proudly sponsored by Bronwyn Butt Conveyancers and Attorneys. Gather your sharpest friends, choose your wittiest team name, and join us for an evening of great food, friendly competition, and plenty of laughs.

See you there!



Test Your Wits – Decode the picture

Think you've got what it takes?

Each month, Dayle sets a picture puzzle for residents to solve at home. Study the image below and see if you can crack the clue before checking the answer.



Answer: Pirates of the Caribbean (Pie-Rats of the Caribbean)





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PESTICIDES VS HERBICIDES:

Understanding their role in landscaping

Pesticide vs Herbicide



Pesticide

designed to control or eliminate pests, including insects, fungi, rodents, and bacteria that can damage plants



Herbicide

specifically designed to control unwanted plants, they can be target specific or non-selective

When used correctly, these products keep landscapes healthy, but using them improperly can harm the environment, helpful insects, and people. That's why you should always apply them with care, follows all guidelines, and choose organic or sustainable methods whenever possible.

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In landscaping, maintaining healthy and visually appealing green spaces often requires managing pests and unwanted plant growth. Two common chemical tools used for this purpose are pesticides and herbicides. While both contribute to plant health and landscape maintenance, they serve distinct functions.

What are pesticides?

Pesticides are a broad category of chemicals designed to control or eliminate pests, including insects, fungi, rodents, and bacteria that can damage plants. They include:

- **Insecticides** – Target insects such as aphids, caterpillars, and beetles.
- **Fungicides** – Prevent fungal diseases like powdery mildew and root rot.
- **Rodenticides** – Control rodents that may damage plants or infrastructure.

In landscaping, pesticides are used to protect lawns, flowers, shrubs, and trees from harmful infestations that could

weaken plant health and reduce aesthetic appeal.

What are herbicides?

Herbicides, a subset of pesticides, are specifically designed to control unwanted plants, commonly referred to as weeds. They fall into two main categories:

- **Selective herbicides** – Target specific weeds without harming desirable plants (broadleaf species vs grasses).
- **Non-selective herbicides** – Kill all plant life in the area, often used for clearing unwanted vegetation.

Herbicides help prevent weeds from competing with plants for nutrients, sunlight, and water, ensuring a well-manicured landscape.

Using pesticides and herbicides responsibly

While these chemicals are effective, improper use can harm the environment, beneficial insects, and even human health.

Life Green Group applies them carefully, following manufacturer instructions, using organic alternatives when possible, and integrating sustainable landscaping practices like mulching and crop rotation.

Understanding the differences between pesticides and herbicides helps landscapers and property owners make informed decisions to maintain thriving, beautiful outdoor spaces while minimising environmental impact.

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WHEN ANIMALS AND HUMANS AREN'T ALIGNED

By Jeanette Furstenburg

I subscribe to the blog posts of Dr Karolina Westlund, an associate professor of Ethology at Stockholm University, Sweden. In a recent blog post, she shared the content she covers in a certain section of her course called Resolving Challenging Behaviour.

In this post, Dr Westlund discusses why certain dog breeds are like a fish out of water and the mismatch that occurs between modern society and animals' innate behaviour.

She writes: "There is still a debate as to when dogs may have diverged from wolves. Some people suggest it was up to 100 000 years ago. Regardless of when it occurred, many breeds are still not well adapted to a modern life with humans."

Dr Westlund goes on to say: "To truly understand what our beloved pets experience when entering a human home, a useful approach is to look through a distorted mirror that reverses our roles. In her book, *The Culture Clash*, Jean Donaldson provides the perfect thought experiment to generate this perspective shift: PLANET GORN.

"Imagine you live on a planet where the

dominant species is far more intellectually sophisticated than human beings but often keeps humans as companion animals. They are called the Gorns. They communicate with each other via a complex combination of telepathy, eye movements and high-pitched squeaks, all completely unintelligible and unlearnable by humans, whose brains are prepared for verbal language acquisition only.

"What humans sometimes learn is the meaning of individual sounds by repeated association with things of relevance to them. The Gorns and humans bond strongly, but there are many Gorn rules which humans must try to assimilate with limited information and usually high stakes.

"You are one of the humans who lives with the Gorns in their dwelling. The dwelling you share with your Gorn family is filled with numerous water-filled porcelain bowls, complete with flushers. Every time you try to urinate in one, though, a nearby Gorn attacks you or yells at you. You learn to only use the toilet when there are no Gorns present.

"Sometimes they come home and stuff your head down the toilet for no apparent reason. You hate this and start sucking up

to the Gorns when they come home to try and stave this off, but they view this as increasing evidence of your guilt of some unknown act."

In sharing this metaphor, Dr Westlund does not mean to criticise pet guardianship, but "rather, to bring your attention to the huge, often unnoticed mismatch between the human's culture and the animal's culture. I can't think of any example where this culture shock is more evident than in the practice of adopting free-ranging street dogs."

Dr Westlund says she wonders "whether we are doing them a service or a disservice". She notes that some research suggests that the intense stress of transition may cause rescued free-ranging dogs to develop trauma responses similar to post-traumatic stress disorder, or PTSD.

There is a study that compares the welfare of companion dogs as opposed to village dogs, where an observer notes the following: "I see the complexities modern dogs encounter in our homes every day. I see street dogs being placed in tiny apartments in urban environments. As you might expect, it is incredibly stressful for them.

"For my part, one way I try to help my dogs

have some of that free-ranging feeling while still being safe from traffic is to walk my dog on 30-inch leashes so they can explore and sniff. I was shocked that as I lengthened the leash, the dogs became much less stressed and more responsive to my verbal cues."

According to Dr Westlund, "mismatch doesn't just apply to street dogs: we have actively bred it into our companion lineages through artificial selection. Take terriers, for instance. They were bred to crawl down dark and cramped burrows to confront and flush animals like badgers, foxes and rats – animals that would often fight back ferociously. During the domestication process, the most successful dogs came to possess an under-developed instinct for self-preservation and were hardwired to be undeterred by physical threats or injury.

"Now, in modern society, this lack of self-preservation sometimes creates a severe culture clash that manifests in a vulnerability to severe conflicts with other dogs. Even when facing off against a larger rival, many terriers simply won't back off – several terrier breeds have been classified as more dog-aggressive than other breeds, and they're more likely to develop leash-reactivity and barrier frustration than other breeds.

"One thing we may not consider is that many dog breeds show different gait patterns, some which may be more or less incompatible with human walking styles, as discussed in this blog post by Simone Meuller titled *3 Reasons Why Your High Drive Dog Is Pulling On The Lead* – Predation Substitute Training, which may give our readers more insight.

"The mismatch culture applies to other species as well. For example, with horses, hot-bloods were bred for speed and endurance; cold-bloods for slow, heavy work; and warm-bloods for specific riding purposes. Can we use them for purposes other than they were bred for?



"There is also a mismatch between their evolved foraging behaviours (grazing and trickle feeding for 16 to 18 hours a day) and how that clashes with humans' feeding routines of providing concentrated food twice a day. This may lead to behaviour problems such as stereotypic oral behaviour, but also potentially hazardous health problems such as colic.

"This brings us back to that square peg-round hole analogy: rather than try to squeeze the animal (peg) into the hole, we need to change the hole!"

- Karolina Westlund runs animal behaviour and welfare education through ILLIS Animal Behaviour Courses – visit <https://illis.se/en/fo>.

Jeanette Furstenburg is a Certified Animal Behaviourist. She holds a Diploma in Companion Animal Behaviour (DipCABT) with distinction, is a member of the COAPE Endorsed Association of Applied Pet Behaviourists and Trainers International (CABTi), which is a member of the UK Dog Behaviour & Training Charter 2026. She is part of the International Companion Animal Network (ICAN). In addition, she is a member of the South African Board for Companion Animal Professionals (SABCAP).

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YOU DON'T HAVE TO BE ONE OF "THOSE" PEOPLE



For many years, armoured vehicles have carried a very particular image in the public mind. They have been associated with politicians, executives, celebrities, cash-in-transit operators, high-profile individuals and people who are visibly or obviously exposed to risk. Because of that, many South Africans have come to see vehicle armour as something that belongs to "those people"- people with a certain job, a certain lifestyle, a certain profile or a certain level of wealth.

It is an understandable assumption. It is also one that deserves to be challenged.

Not because people are careless. Not because they are ignoring reality. In many cases, the opposite is true. Most people are trying to make sense of risk in the way society has taught them to make sense of it. We look at the news, we listen to crime reports, we notice which areas are mentioned most often, which vehicles are named frequently, and which types of victims seem to appear in the headlines. Over time, these patterns become mental shortcuts.

If the incident happened somewhere else, we feel a little safer. If the vehicle was different to ours, we feel a little safer. If the person seemed more high-profile, more visible, more exposed or more obviously wealthy, we feel a little safer.

That is not irrational. It is human. But it is not the same as being protected.

In client discussions around threat and risk, we have used a

simple distinction. A threat is something that exists in the environment. Risk is the degree to which that threat can affect you personally. The mistake many people make is assuming that because they are not in the highest-risk category, they are not at risk at all. That is where the thinking becomes dangerous.

Statistics are useful. They help us understand trends, patterns and priority areas. They show where incidents are concentrated and where certain types of crime occur most often. But there is no personal safety in hiding behind statistics. If you are the person facing the incident, it does not matter much that your vehicle was not in the top five most targeted models, or that your suburb was not listed among the highest-risk areas, or that people with your profile are affected less often than others.

For the person inside the vehicle, the experience is not statistical. It is immediate, traumatic, life-threatening and very real.

The media also plays a role in how we perceive risk. By necessity, it tends to report the most dramatic, visible or newsworthy incidents. That means we often hear about the top five or ten areas, vehicles, routes or crime types. Those reports matter, but they do not represent the full picture of what is happening on the ground. The reality is that incidents happen across suburbs, across income groups, across vehicle categories and across daily routines.

People are targeted at gates, at intersections, on school routes, at shopping centres, outside businesses, near homes and while moving through places they have driven through countless times before. Some are high-profile. Many are not. This is why the idea of “those people” is no longer helpful.

It creates a false sense of security from a risk that is very present. It allows people to feel exempt because they do not fit the stereotype. It encourages the belief that protection is only necessary once a person becomes important enough, wealthy enough, visible enough or targeted enough to justify it.

But safety should not be measured by status. Protecting yourself and your family is not paranoia. It is not aggression. It is not a statement that you believe danger is waiting around every corner. It is a practical response to a country where road-based risk has become part of the security conversation, whether we are comfortable with that or not.

Armoured protection is also not about changing who you are or how you live. Modern discreet vehicle armour is designed to preserve the comfort, appearance and everyday usability of a vehicle while adding a level of protection that standard glass and body panels simply do not provide.

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UNDERSTANDING HEART DISEASE IN PETS

By Debbie Hyman

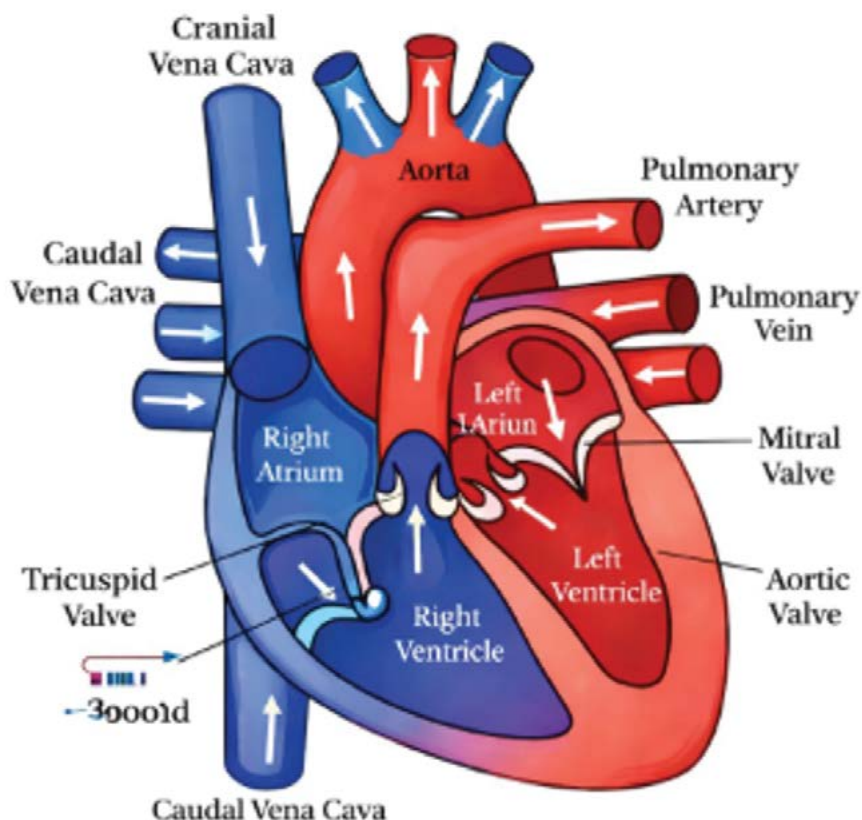
Heart disease can sound scary, but with early detection, proper testing and the right treatment plan, many pets live happy, comfortable lives for years. In this article, I will break down what heart disease really means and answer some of the most common questions pet owners ask.

Understanding heart anatomy

There are four chambers in the heart. The top chambers are called the atria, which collect blood returning to the heart. The bottom chambers are called the ventricles, which pump blood out of the heart.

The right side receives de-oxygenated blood returning from the body and pumps blood to the lungs for oxygenation. The left side receives the oxygenated blood, which is pumped back to the body.

There are four valves in the heart: two valves between the top and bottom chambers (atrio-ventricular valves), and two valves in the two great arteries leaving the heart. Healthy valves direct blood flow in one direction as it moves through the heart.



What is the difference between heart disease and heart failure?

These two terms are often used interchangeably, but they are not the same. Heart disease means there is something abnormal about the heart's structure or function. In many cases, a murmur or an irregular heartbeat is heard. A murmur means "turbulence" in the blood as it moves through the heart (a "whooshing" sound heard with a stethoscope).

Heart disease can develop from:

- A leaky valve (the cause of many murmurs)
- Abnormal thickening or thinning of the heart muscle
- A congenital (birth) defect
- An abnormal heart rhythm

Many pets with heart disease show no symptoms at all as the heart can adapt to the defect if it's mild or in the early stage.

Heart failure, on the other hand, occurs when the heart can no longer pump blood effectively enough to meet the body's needs. This leads to fluid build-up in or around the lungs or within the abdominal cavity.

Signs of heart failure may include:

- Difficulty breathing
- Exercise intolerance/slowing down on walks

- Lethargy
- Abdominal swelling
- Fainting/collapsing episodes
- An occasional loud hacking cough – usually concurrent respiratory disease

Not all pets with heart disease will develop heart failure, but all pets with heart failure have underlying heart disease.

What is the difference between congenital heart disease and acquired heart disease?

Congenital heart disease means a pet is born with a heart defect.

Examples include:

- Holes between heart chambers or greater arteries (septal defects/ PDA)
- Narrowed blood vessels (stenosis)
- Abnormally formed valves (valve dysplasia)
- Abnormal electrical "wiring" of the heart conduction system (causing arrhythmias)

Certain breeds are predisposed to specific congenital defects. These conditions are often diagnosed in puppies and kittens during routine vaccinations when a heart murmur is detected.

Early diagnosis is critical, as some congenital conditions can be surgically corrected or medically managed. Your vet should ideally refer your pet to a specialist for all loud

murmurs or if soft murmurs persist beyond six months of age. Some pets will have innocent soft murmurs, which will disappear as they grow.

Acquired heart disease develops later in life and is much more common than congenital heart disease.

Degenerative valve disease: In dogs, the most common acquired condition is degenerative valve disease (DVD), particularly affecting the mitral valve (the left valve between the top and bottom chamber). This commonly affects middle to older small breed dogs.

Valve disease may progress slowly over years before symptoms appear, but it is worth investigating early on to determine the stage of heart disease and confirm a cause for the murmur.

Dilated cardiomyopathy: Certain large or giant breed dogs develop dilated cardiomyopathy (DCM), a disease affecting the muscle of the pumping chamber (ventricle) of the heart. The muscle becomes thin, contraction becomes weaker and the heart chambers enlarge/dilate.

In some breeds (Boxers, Doberman Pinschers and giant breeds), arrhythmias may be the only sign of heart disease in the early stage

before changes occur to the chambers and muscle. Screening tests are essential to pick up these cases, particularly in Boxers and Doberman Pinchers, as they may be at risk of collapsing or suffering sudden cardiac death.

Cats fed vegetarian diets only will develop DCM as they need taurine (found in meat) for heart function.

In cats, the most common condition is hypertrophic cardiomyopathy (HCM) – a thickening of the heart muscle (ventricle wall).

Certain breeds are predisposed to HCM. This is often a heritable condition passed on from parents to offspring. Breeds predisposed are:

- Maine Coon
- Ragdoll
- Persians

However, any breed or mixed breed can be affected.

What is an arrhythmia?

This is when the heart beats irregularly (too slow, too fast or chaotically). Abnormal heart rhythms may occur with or without visible structural changes to the heart. Some pets may not show any signs, whilst others may collapse or faint. In rare cases, they can suffer a sudden cardiac death.

What tests are used to investigate heart disease?

Tests often performed while the animal is conscious, without the need for sedation. Most pets tolerate the tests well. Testing takes about one to two hours.

Physical examination

Your vet will be able to gather a lot of information from examining your pet. They will listen out for murmurs, abnormal rhythms or changes in lung sounds using a stethoscope. They will feel your pet's pulses

and look at the colour of the gums. They will count the heart rate and respiratory rate.

Echocardiogram (heart scan)

A heart scan (ultrasound) is the gold standard for diagnosing heart disease. Like a pregnancy scan, an ultrasound can measure chamber and wall size, evaluate valve function, detect turbulent blood flow, assess the pumping action of the muscle and detect birth defects.

In most cases, your pet will not need sedation but will need a small patch of hair shaved on the chest to improve image quality. This test requires an expert to scan and is best performed through a referral appointment.

Chest X-rays



These X-rays show the size and shape of the heart, and detect fluid in or around the lungs. This is a good way to detect congestive heart failure (fluid in lungs or chest) or to assess other causes for coughing in pets, such as respiratory disease.

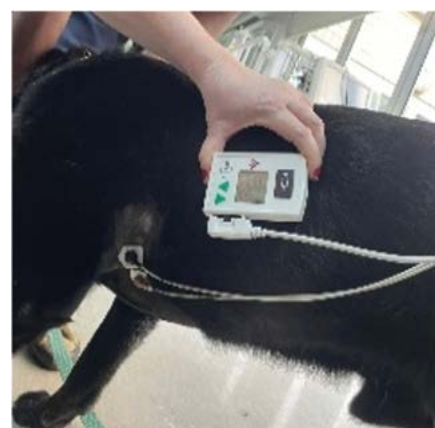
Electrocardiogram (ECG)



Measures the electrical activity of the heart on a paper trace to detect arrhythmias.

24-hour Holter ECG

This is a digital recording of the heart rhythm over 24 hours (your pet wears a jacket with a special recording device connected with sticky pads and electrodes to the chest). This is useful as a screening test for pets prone to arrhythmias who show no clinical signs, and for a response to the treatment of arrhythmias.



Blood tests

Routine blood tests will help to assess overall organ function, particularly if medication is needed. Ideally, baseline bloods are taken before medication starts and also following treatment to monitor for any side effects. Specific heart biomarkers can also be run to assess for heart muscle damage (Troponin I) or dilation of chambers (NT-Pro BNP).



Blood pressure measurement

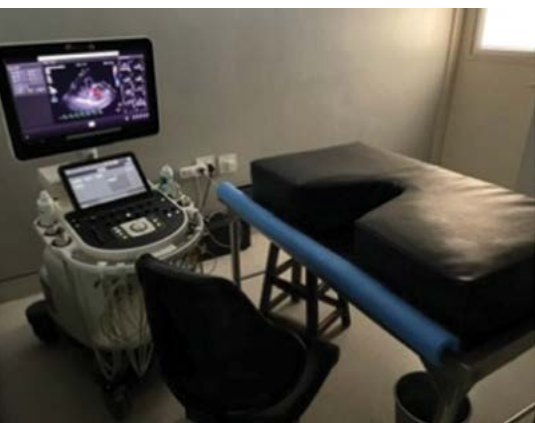
Like in humans, a small cuff is placed around the leg or tail, and blood pressure can be measured. High blood pressure can worsen heart disease and needs to be identified early. Furthermore, many medications can alter blood pressure and require monitoring.

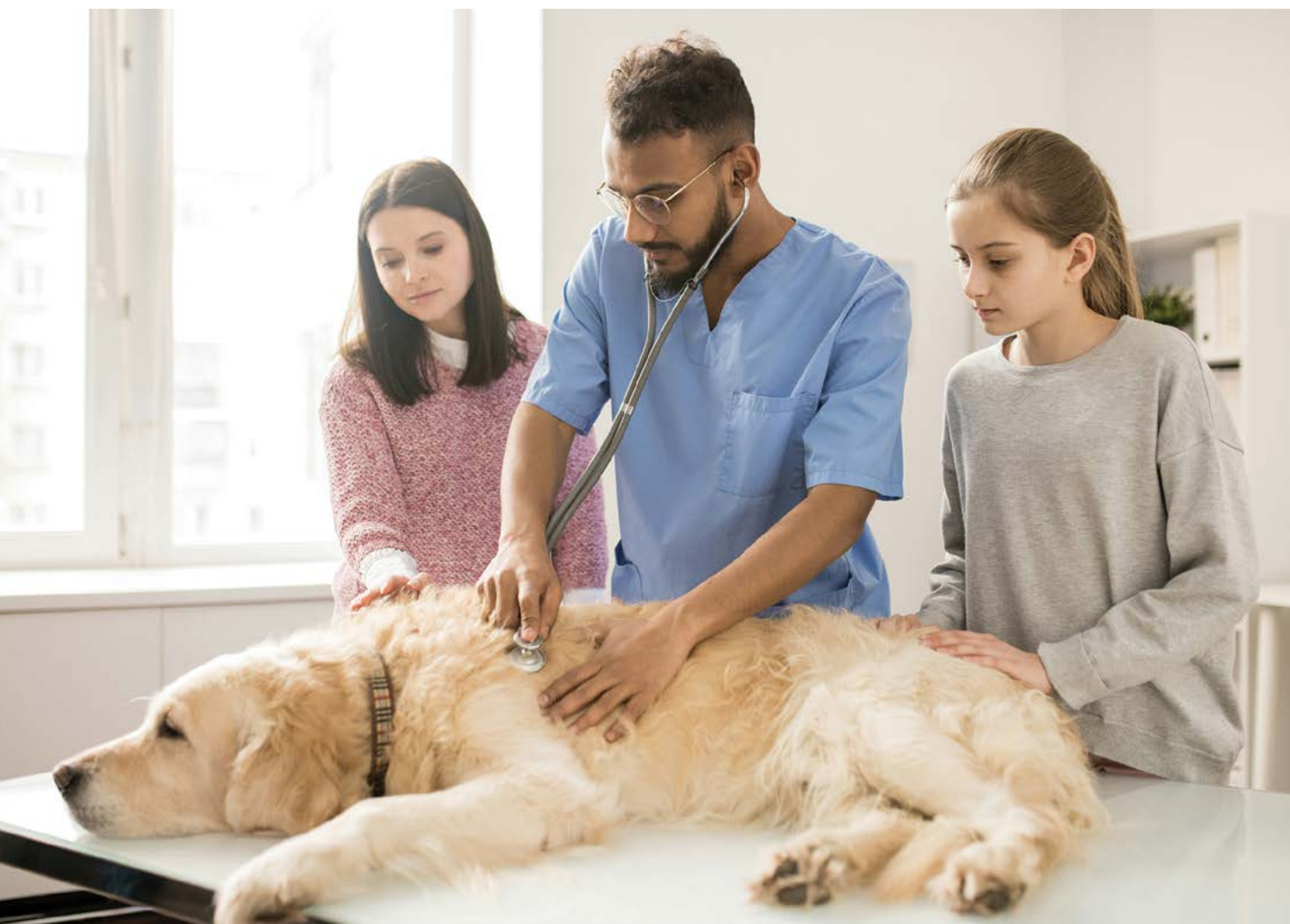
What should pet owners watch for at home?

Contact your veterinarian if you notice:

- Increased sleeping breathing rate
- Reduced exercise tolerance (slowing down, stopping, short of breath)
- Fainting/collapsing episodes
- Swollen abdomen/tummy
- Coughing (especially at night or with exercise)
- Sudden hind limb weakness (particularly in cats)

Once heart disease is detected, your vet may ask you to monitor your pet's sleeping respiratory rate and effort. You can use specially designed apps – they're available





to download free of charge on the App store (Cardalis App or My Pet Heart2heart). This allows you to keep a detailed record.

Normal breathing rates at sleep should be under 30 breaths per minute. If you see a trend upwards in rates towards 30bpm over time, please speak to your vet as this may indicate your pet's heart disease is worsening.

What treatment can be given?

Not all pets with heart disease will need treatment, particularly in the early stages or when disease is mild. In more advanced stages, or when your pet is showing signs, there are many options to

help your pet. These range from surgical interventions for birth defects to diuretics (water tablets) to control fluid build-up, and medication to help the heart pump more effectively.

There are also treatments for management of arrhythmias and treatments to control high blood pressure. It is recommended that you monitor your pet's blood for any side effects.

In valve disease, a large study showed that starting dogs on medication before heart failure could push back the onset of heart failure by up to 15 months. Hence, it is important to have your dog's heart disease

staged to see when it is appropriate to start this medication.

Can pets live well with heart disease?

Yes, absolutely – as long as the following measures are in place:

- Early detection/staging
- Routine monitoring
- Appropriate medications
- Lifestyle adjustments

Many pets with heart disease live comfortably for years. The key is having a partnership between pet owners and the primary vet as well as specialist cardiologists. I will be happy to discuss any new or existing cases with you.

Debbie Hyman holds a UK Certificate in Veterinary Cardiology and is an advanced practitioner in Veterinary Cardiology. Her qualifications comprise a BVSc, Cert VC, AVP VC, MRCVS, and SAVC.

Debbie worked in the UK for 27 years before returning to Johannesburg. She has worked in referral practices for over 20 years and is passionate about looking after the hearts of your beloved pets. She is also passionate about training and developing vets and client knowledge on animal heart conditions.

For more information, visit www.fourwaysvet.co.za or cardiology@fourwaysvet.co.za

THE CHARGE HAS CHANGED

Changan's next-generation EVs arrive in South Africa



South Africa's electric mobility story is no longer a distant glow on the horizon. But how do you make new-energy vehicles work for a country that demands long-distance confidence, everyday durability and real value?

For Changan, the answer is not a single product, but a next-generation EV approach built around choice, aspiration and practicality.

The Hunter K50 REEV speaks to drivers who need bakkie toughness with electric intelligence. The Deepal S07 and the incoming S05 REEV introduce a more elevated expression of electric mobility – refined, high-end, intelligent and design-led.

Hunter K50 REEV: Electric confidence, bakkie muscle

The Hunter K50 REEV is the clearest sign that Changan understands South Africa's motoring culture. The K50 REEV is the world's first range-extended electric bakkie that combines an electric drive system with a 2.0-litre turbo-charged petrol generator – giving drivers the smoothness and immediate response of electric power, with the reassurance of extended range when the road stretches beyond the charging map.

For weekday commutes, the Hunter K50 REEV can lean into electric driving. For longer journeys, where downtime

is not an option, the range-extender concept reduces the anxiety that often slows EV adoption.

The Hunter K50 REEV delivers 200kW of total power and 470Nm of torque. It offers four-wheel drive, a pure-electric range of up to 145km and up to 1,000km when the range extender is deployed. Its practical credentials include a 1,010kg payload, 2,200kg authorised trailer mass, 600mm wading depth and up to 220mm ground clearance when unladen.

Deepal S07: Premium electric intelligence

Where the Hunter K50 REEV bridges toughness and technology, the Deepal S07 makes the EV future feel premium, intelligent and deeply desirable.

Its award-winning design is clean, sculptural and quietly confident, with frameless doors, concealed door handles, LED lighting signatures and a low, composed stance.

Inside, the S07 moves the conversation from "electric vehicle" to "intelligent luxury experience". Its cabin draws inspiration from Mediterranean yacht design, with premium finishes, a unique centre console, panoramic openness and uncluttered architecture.

The Deepal S07 produces 160kW and 320Nm through sporty rear-wheel drive,

with a pure EV range of 500km. Fast charging from 30% to 80% is expected in 35 minutes.

The cabin features a 15.6-inch "Sunflower" infotainment screen, an augmented-reality head-up display, a 14-speaker audio system, wireless charging, Wi-Fi, voice control, gesture recognition and a 540-degree camera system.

Deepal S05 REEV: The practical premium step

The incoming Deepal S05 REEV carries the Deepal design philosophy and intelligent technology in a more compact, agile and city-friendly package. Like the K50 Hunter REEV, the S05 is a range-extended SUV, combining electric intelligence with the reassurance of extended-range capability.

With a 27.28kWh lithium iron phosphate battery, the S05 REEV offers pure electric range of at least 160km, with fast charging from 30% to 80% in 20 minutes. Power comes from a rear-mounted electric motor producing 160kW and 320Nm, supported by a 1.5-litre range extender, giving the S05 REEV up to 1,000km of combined range.

Beyond the drivetrain, it carries the Deepal character through a 15.4-inch 2.5K central control screen, AR head-up display, 14-speaker audio system, 540-degree panoramic imaging, frameless doors and intelligent ADAS features.



Driven to evolve

Together, the Hunter K50 REEV, Deepal 07 and incoming S05 REEV show a brand thinking beyond the novelty of electrification. In a country that needs innovation to be accessible, beautiful and useful all at once, Changan's next-generation EV approach feels less like a gamble and more like perfect timing.

<https://www.changanmotors.co.za/>



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EIA RESTAURANT COMPETITION FOR JULY

Don't forget to enter our monthly restaurant competition and stand a chance to win a R500 meal voucher from one of our participating restaurants.

The question for this month's competition:
Which team has been the standout performer in recent months, reaching the podium in every Quiz Night they have entered this year?

Please email your answer along with your full name, cell number and your stand number, detailing **'Fourways Gardens Wine and Dine Competition'** in the subject line, to: competitions@eiapublishing.co.za. and like our Facebook page to enter the competition. The winner will be notified by email.

Scan the QR code or visit our Facebook page EIA Estate Magazines 

Terms and Conditions:

1. Vouchers cannot be exchanged for cash.
2. Portions of the monetary value of the voucher cannot be refunded as "change".
3. Bookings need to be made in advance with the restaurant detailed on the voucher.
4. Service charges/gratuities are not included, regardless of any balance left over after the meal.
5. Vouchers will be numbered. Please provide your voucher number when you make your reservation.
6. The competition is open to readers over the age of 18.
7. Indemnity: The publishers, Fourways Gardens Estate and any other associated parties are not responsible for the fulfilment of the service from the restaurant once the prize has been awarded.



Photo by Davey Gravy on Unsplash

CONGRATULATIONS TO: Michelle Watson, our June winner of a R500 voucher.

Remember to support your local restaurants when you feel like a night out!

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A BOWL OF WINTER COMFORT

Winter is soup season in Johannesburg. As the temperatures drop and the evenings draw in, there's nothing more comforting than a steaming bowl enjoyed around the kitchen table. The best winter soups don't need to be complicated – they simply fill the kitchen with inviting aromas, take the chill off a Highveld evening, and make everyone eager for a second helping.

Try this creamy soup for the ultimate comfort food on a cosy winter night.

CREAMY ROASTED TOMATO SOUP WITH TOASTED CHEESE SOURDOUGH

Roasting the tomatoes first gives this soup a deeper flavour that tastes far more complicated than it really is.

Prep time: 15 minutes

Cook time: 45 minutes

Serves: 4 – 6

INGREDIENTS

- 1.5kg ripe tomatoes, halved
- 1 onion, chopped
- 4 garlic cloves
- Olive oil
- Salt and black pepper
- 3 cups vegetable stock
- ½ cup cream
- Fresh basil



METHOD

1. Preheat the oven to 200°C.
2. Place tomatoes, onion and garlic on a baking tray.
3. Drizzle generously with olive oil and season well.
4. Roast for 35 – 40 minutes until soft and slightly caramelised.
5. Transfer everything to a pot and add the vegetable stock. Blend until smooth using a stick blender.
6. Stir in the cream and a handful of basil leaves and simmer gently for another 5 minutes.
7. Serve hot with toasted cheese sourdough sandwiches.

Serving idea: A drizzle of basil pesto on top works beautifully.



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SERVICE PROVIDERS

AA AIRPORT SHUTTLE, TOURS AND TRANSFERS: Fourways Gardens resident owner/driver. Personal, reliable transfers to/from ORT from R650 and Lanseria from R300. Half- and full-day tours arranged. All journeys are now certified carbon neutral. For all your transport or driving requirements, contact Mike on 072 284 0340, or email: ashcroft.mike@gmail.com

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ANIMAL BEHAVIOURIST (COAPE qualified DipCABT): If you are tired of neighbours complaining about your dog's and cat's problem behaviour's and are at your wits end as to how to change your companion animal's behaviour (aggression, anxiety, fear, constant barking, separation distress, feline scratching, inappropriate elimination, fighting) then understanding why they are reacting in the way they do is the first step in the behaviour modification programme. Call Jeanette Furstenburg on 082 445 8422 or email: jeanette@animalsmatter.co.za for a consultation. (Phase 1)

APPLIANCE REPAIRS: Services and repairs to all gas hobs and ovens - all makes and models, including AEG, Bosch, Whirlpool, Siemens, Samsung, LG, Defy, Kelvinator, Miele and Elba. Specialists in all gas appliance repairs and servicing. Same-day service available. Over 26 years of experience. Contact Gwentech Appliances on 072 952 8183 / 073 947 2447 or email: gwentech7@gmail.com

ARCHITECT: A building project to realise? We offer As-Built Measured Plans, Concept Designs, Council Approval, Preparation of Tender Documents, and Administration of the Building Contract. Contact Lance on 082 644 7843 or 011 465 1897, or email: architect.script@gmail.com

AU PAIR: Valid driver's licence. Trained and worked as a nursery school assistant teacher for 4½ years, with experience caring for children from newborn to 10 years. 20 Years au pair experience. Caring, loving, honest and understanding, with a gentle nature. Open to new challenges. Horse rider. Call Tana on 082 929 7203.

AU PAIR – FUR NANNY: Contact the fur kid nanny, Dee Van Heerden, on 083 319 2220 or dee.vanheerden@gmail.com, regular sitter in FWG, reasonable rates, daily walks and feeds or stay-in, references available.

BLUEBERRY HILL SOLUTIONS: BlueBerry Hill Luxury Landscaping designs and maintains bespoke outdoor spaces for luxury estates, delivering timeless elegance, refined functionality, and meticulously curated landscapes for discerning homeowners who value beauty, precision, and longevity. WhatsApp 084 436 1498, visit: www.blueberryhillsolutions.co.za, or email: info@blueberryhillsolutions.co.za

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CAREGIVER: Graduate in Caregiving and First Aid, with internship experience at San Sereno Auria Living. Available to provide companionship and in-home care support for the elderly, assisting with activities of daily living, personal care, massage, and exercise. Five years of caregiving experience. South African passport holder. Call Ester Dube on 069 295 2849, or for a reference call Angela on 083 287 5587.

CARPENTRY AND CABINETRY SERVICES: Experienced craftsman with over 25 years expertise in carpentry and cabinetry. From small repairs to full build/installations - quality workmanship guaranteed. Reliable, detail-focused, and professional service. References available in Bryanston and Fourways Gardens. Call 079 612 3197 or WhatsApp Sam on 010 006 9341.

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DSTV INSTALLATION: Wi-Fi extender, DSTV installation, extra view, triple view, cat 6 lan cabling and signal issues. Call Adam on 073 162 4048/061 219 5866, email: adamchikwenga@gmail.com, or visit: www.smartdstv.co.za

DSTV DOCTOR: Approved DStv – all installations, aerials, sales, Wi-Fi extender/booster over cat 6E and repairs, MultiChoice-accredited installer. Showmax and Netflix. Including gate motor, garage door and CCTV installations. Call Junior on 078 228 3182/ 074 729 9672, email: 4waysat4@gmail.com, or visit: www.dstvdoctor.co.za. Address: Plot 79 Cedar Rd, Chartwell.

ENGINEER: (Pr.Eng), Chartered Structural and Civil – FWG resident, 30+ years' experience of design and supervision. Plans and sign-off for Municipal approval. Contact Paul on 072 837 6345.

GATE MOTOR REPAIRS: Gate motors, garage doors and motors, intercom systems, maintenance, repairs and installations. Call the Ninja Office: 084 354 5596 / 011 739 5710 or Quinton on 084 354 5597.

MGUNI GREEN FINGERS: Garden maintenance, garden refuse removal and tree felling service. Call Isaac on 083 582 0636 / isaac@mgunigreenfingers.co.za / www.mgunigreenfingers.co.za

ORGANIC COMPOST: R550.00 per cube. Topsoil mix – R650.00 per cube. Two Cube load minimum. Please send WhatsApp orders to 067 632 8777 or call 063 256 1978.

PAWSITTERS: We don't just pet sit. . . we move in, make friends and become staff. Dogs? Easy. Cats? We negotiate with them. Rabbits, birds, fish, tortoises, hamsters, parrots, chickens and horses? Also, part of the family. Whether your pets need walks, feeding, sleepovers, medication, cuddles, company or someone to throw the ball 427 times – Pawsitters are here to help. Your pets stay happy and comfortable in their own home while you enjoy your holiday stress-free. Loving in-home pet sitting. Dog walking, overnight and weekend stays, daily updates and photos. Fourways and surrounding areas. Trusted by pets. Approved by owners. Judged daily by cats. Bookings fill up quickly during holidays and long weekends. Call 082 929 7203 or visit Facebook and Instagram: Pawsitters

PET SITTER: Marléna a trusted pet sitter in Fourways Gardens. With over six years of experience in pet sitting and working at an emergency veterinary hospital, providing calm, knowledgeable and loving care for cats and dogs. Offering overnight and 24/7 stays, including feeds, playtime, walks and medication. "Leaving my beloved Cuervo, an elderly cat with special needs, was never easy until I found Marléna. Her deep understanding of his health and attentive care gave me complete peace of mind while I travel." "We have battled for years to find the best possible person to look after our pups. No one has lived up to our expectations until now." "I would highly recommend Marléna – she is professional, very kind and attentive to animals and their humans." "We're grateful for her kindness, reliability, and heart. Marléna is a rare find, and we can't recommend her highly enough to anyone looking for a pet sitter that truly cares." Looking forward to meeting you and your furbabies! Call Marléna on 083 708 1476 or visit Facebook: @Marlena's Pet Sitting Services

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DOMESTIC WORKERS

Elsah: Years of experience, conscientious, hardworking and trustworthy. Employed part-time and looking to supplement with additional work. Available Tuesdays and Thursdays. Contact Patricia via WhatsApp: +1 416 602 9203 (please text – time difference).

Elsah: Available Tuesdays and Thursdays. A trusted face within the estate, having worked here for years. Always on time, positive attitude, loves children and pets. Reliable, caring and incredibly efficient. Call her on 072 817 4395, or for a reference call Nicole on 083 469 3714.

Estelinah: Is looking for one day per week domestic cleaning (Tuesday or Wednesday). Works for current employer twice a week. Exceptional, thorough, speedy, punctual and trustworthy. Call 078 101 8381.

Eunice: Is looking for extra work on Fridays and on weekends. She is hardworking and punctual. Call her 082 665 0984, or for a reference call Juan on 082 787 5903.

Gladys: Is looking for domestic work on Thursdays within the estate or around Fourways. Gladys is a super-efficient, honest and always punctual. Call her on 076 060 5482, or for a reference call 082 579 4265.

Happiness: Is looking for work in Fourways. She is working two days with me and would like more work. She is helpful and respectful. Call her on 064 415 2726, or for a reference call 079 160 6222.

Irene: Is looking for work on Fridays as a domestic. She is trustworthy, reliable, responsible, hardworking and does an excellent job. She has references from long-term employees who have moved out of Gauteng. Call Irene on 071 934 2012.

Jane: Is a Malawian, looking for part-time domestic or child-minding work on Mondays, Thursdays and Saturdays. She is honest, efficient, dedicated, hardworking, and can work without supervision. Call her on 073 449 0279 / 083 308 9259.

Maggie: Is looking for domestic work on Tuesdays. She has worked for her current employer for two days a week for 10+ years. She is punctual and works in a neat, organised manner. For a reference call Nick on 072 155 0690.

Nithule: Is looking for work as a child minder, nanny or caregiver. Her previous employer has emigrated. She has certificates and references. Please call her on 084 956 8435.

Mashudu: Our fantastic housekeeper of 10 years is looking for a room to rent in FWG or work part-time to pay for the room. She is amazing with animals and children. Call Mashudu on 082 418 0974, or for a reference call Lucinda on 083 387 1974.

GARDENERS

Alister: Is a dedicated and trustworthy gardener looking for work within the estate. Services include lawn mowing, garden maintenance, pruning, planting, swimming pool cleaning and maintenance. Willing to go the extra mile. Call him on 071 796 5895 / 075 129 4700.

Chicco: Gardener with 21 years' experience is looking for work on Mondays, Tuesdays, Wednesdays, Thursdays and Saturdays. Call him on 072 714 8970 / 064 589 3726.

Joel: Is an excellent gardener who is looking for work on Mondays, Tuesdays, and Wednesdays. He does general garden work and keeps the pool spotless. Highly recommended. Please call Joel on 065 948 8612, or for a reference call Kathy on 082 417 1830.

Joseph: A Malawian gardener with 8 years of experience working at FWG. An excellent and reliable gardener, available on Mondays, Tuesdays, Thursdays, and Fridays. Call Joseph on 073 775 7996, or for a reference call Debbie on 083 253 1414.

Julias: He has worked for me for many years and has worked in Fourways Gardens in the past for a family that emigrated. He has a wealth of gardening experience. He is a responsible gentleman with a good work ethic. Julias is available Mondays to Thursdays and Saturdays. Call him on 076 715 9575, or for a reference call Terry on 082 825 9035.

Kolo: A Malawian looking for work as a gardener or housekeeper. He has two years' experience. Call him on 068 175 2149, or for a reference call Angela on 082 868 5313.

Mishack: A young, hard worker available for dog walking, painting or general assistance with maintenance or construction work. He lives on the estate. Call him on 073 454 3545 or WhatsApp: 078 141 8812.

Moyo: Is available for gardening and piece work. He currently works for his employer and the neighbour. He is reliable and hardworking. Call him on 060 526 0812, or for a reference call Michael on 082 371 3380.

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INDUCTED PROPERTY PRACTITIONERS

The Property Practitioners listed below have completed their Induction with the Fourways Gardens Homeowners Association.
By choosing a Practitioner from this list, you are not only meeting the requirements of the 2026 Conduct Rules but also working with a professional who has demonstrated a clear understanding of the Estate's rules and policies, and who is committed to upholding both the standards of the FWG HOA and the professional requirements set out by the PPRA.

Agency	Name	Cell Number	Office Number	Email	Sales	Rentals
CENTURY 21 Fourways	Anne Copley	083 600 0566	011 460 1599	anne.copley@century21.co.za	X	X
	Kymn Grant-Smith	083 982 9828	011 460 1599	kymn.grantsmith@century21.co.za	X	X
	David Parnell	073 279 6726	011 463 2033	david.parnell@everitt.co.za	X	X
	Martin Riley	082 551 1968		martin@clubrealestate.co.za	X	X
	Jason Shaw	084 493 6200	010 595 0181	jason.s@fineandcountry.com	X	X
	Desiree Bedhasie	083 447 3584	011 568 8185	desiree@firzt.co.za	X	X
	Francesca Beattie	083 678 8001	011 705 2384	info@fbproperties.co.za	X	X
	Gaye Cawood	083 601 1593	011 469 4070	gaye@gcr.co.za	X	
	Chloe Woolmington	082 501 8800	011 469 4070	chloe@gcr.co.za	X	
	Sue de Boer	082 452 0086	011 469 4070	Sue@gcr.co.za		X
	Cilla Barath	078 920 9077		cilla@hamiltons.co.za	X	X
	Elize Murphy	082 561 0259	082 335 1646	elize@instaproperti.co.za	X	X
	Robin De Vine	082 326 5669	011 789 4448	rdevine@huizemark.com	X	X
	Cheryl Gibbs	083 629 1844	011 789 4448	cgibbs@huizemark.com	X	X
	Eunice Williams	083 595 6111	010 020 2851	eunice@jawitz.co.za	X	
	Matshidiso Ntuane	071 384 2100	010 020 2851	matshidiso@jawitz.co.za		X
	Adam Brown	072 026 4571	011 702 8020	adam@sothebysrealty.co.za	X	X
	Mark Bell	083 657 3189	011 702 8020	markbell@sothebysrealty.co.za	X	X
	Nicole Gasser	074 179 6554	011 465 1187	nicoleg@liverealestate.co.za	X	X
	Elmine Clarke	068 691 3384	011 786 9364	elmine@malherbex.com	X	X
	Mo Jacobs	073 708 4570		mo@mandated.co.za	X	
	Elizabeth Menezes	060 970 1123	0861 732 589	elizabeth@meridianrealty.co.za	X	X
	Kim Williams		0861 732 589	kim@meridianrealty.co.za	X	
	Kristy Strydom	083 541 2220	0861 732 589	kristy@meridianrealty.co.za	X	X
	Rob Els	061 130 7371	0861 732 589	rob.els@meridianrealty.co.za	X	X
	Teresa Turner	067 749 9782	0861 732 589	tt@meridianrealty.co.za	X	X
	Samantha Smith	072 609 0705	011 540 2660	sam@o-yes.co.za	X	X
	Dorette Turner	082 893 4790	011 467 4119	dorette.turner@pamgolding.co.za	X	X
	Mark McGowan	083 358 5652	011 467 4119	mark.mcgowan@pamgolding.co.za	X	X
	Angelique du Plessis	072 440 1215		angelique@remax-evolve.co.za	X	X
	Candice Andrews	082 578 1514	010 541 2339	candice@remax-evolve.co.za		
	Shaun Murphy	083 620 2244		shaun@remaxinfo.co.za	X	X
	Greselda Smith	083 260 1663	011 463 3199	greselda@remax-masters.co.za	X	X
	Jenny Ramsay	082 880 6221	011 465 6769	jennyramsay@remax.net	X	X
	Caroline Nixon	083 347 2483	011 784 1222	caroline.nixon@seeff.com	X	X
	Lynne Jordaan	083 282 8813	011 784 1222	lynne.jordaan@seeff.com		X
	Daniel Roberts	076 155 8940		daniel.roberts@seeff.com		
	Dee Thomas	083 375 5646	011 467 0145	dee.thomas@tysonprop.co.za		X
	Grant Raw	079 495 9357	011 467 0145	grant.raw@tysonprop.co.za	X	
	Linda Davies	082 371 4667	011 467 0145	linda.davies@tysonprop.co.za	X	
	Maria Heald	083 455 4404	011 467 0145	maria@tysonprop.co.za		X
	Paula Lucas	076 375 8579	010 443 2044	paula@uniQproperties.co.za	X	X
	Sally Andrews	082 451 3111		sallyandrews@vered.co.za	X	X



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